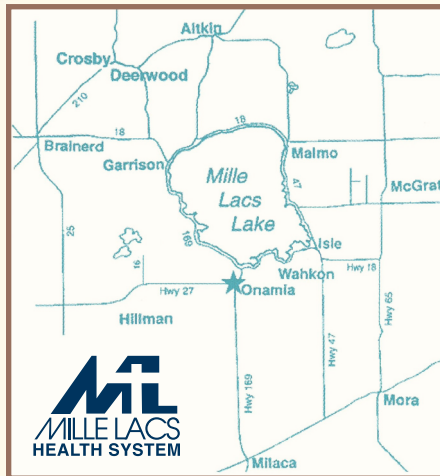


Admission Guidelines

Appropriate diagnoses may include depression, anxiety disorders as well as other psychiatric diagnoses.

Potential patients may have any of the following symptoms:

- Alzheimer's / Dementia patients with behavioral disorders
- Social withdrawal or isolation
- Loss of will to live
- Sudden mood / personality changes
- Sadness / depression
- Nervousness or anxiety
- Aggressive behavior / agitation
- Hallucinations / delusions
- Need for medication stabilization
- Need for psychotropic medication management in an acute care environment
- Lack of attention to personal hygiene



Senior Care Unit

at Mille Lacs Health System



***A Short-Term
Geriatric
Psychiatric
Unit***



Onamia, Minnesota

Mille Lacs Health System's Senior Care Unit

This is a short-term inpatient geriatric psychiatry program designed to provide help in crisis and everyday situations. Our Senior Care Unit will provide treatment to individuals age 55 years and over with some exceptions.

Individualized Treatment Team

Our individualized treatment team consists of skilled professionals who are highly trained to treat the specific needs of the geriatric population. Our treatment team includes:

Psychiatrist, Medical Physician, Social Worker, Registered Nurse, Registered Nursing Assistants, support services, (i.e., physical, occupational activities, and respiratory therapy.) And the most important part of the team - the patient and their family.



**The skill to heal;
the spirit to care.**
MILLE LACS
HEALTH SYSTEM

Features Include

- Inpatient care with physical therapy, occupational therapy, activities therapy and social services.
- Assistance with nursing home and assisted living evaluations
- Mental health professional available by phone 24-hours a day
- Medications management

The 10 bed unit combines treatments that involve family with an individualized plan of care. The main goal of the program is to reintegrate the patient into the community or help them find the correct resources to help them lead a more productive life. To do this, we have incorporated several key components into our Senior Care program that separates it from any other.

We understand the decision to place a loved one in a specialized psychiatric program can be difficult. Tours are available for a potential admission and can be scheduled by calling in advance.

**Mille Lacs Health System
200 N. Elm Street
P.O. Box A
Onamia, MN 56359**

Our Senior Care Unit is designed specifically for geriatric (over age 55) patients that are experiencing acute mental health symptoms, ranging from depression to aggression.

Patients are thoroughly screened for medical and social issues that may be causing the behavior and the care plan is geared around those issues.

We offer a short-term stay that averages 14 days.



If you have a loved one that you think could benefit from our intensive program, please call for admission criteria:

**Unit Phone Number
(320) 532-2750**

**Unit Fax
(320) 532-2976**